

Obstetrics & Gynaecology and compassion



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Obstetrics is a medicine of motherhood



How the practice of obstetrics and gynecology have changed recently

The pressure on Catholic obstetricians

MaterCare International as a response for Encyclical Humanae Vitae, Catholic professionals and patient's needs

The four "C" attributies of the Catholic obstetrician and gynaecologist are: Competence, Compassion, Conviction and Community (Robert Walley, 2001)

Firstly, Catholic obstetricians must be obstetrically COMPETENT

Secondly, the Catholic obstetricians must appreciate that profound **COMPASSION** is necessary

Thirdly, they must have the **CONVICTION** that Catholic teaching on morals, magisterially guided, is true and should be observed

Fourthly, this involves their appreciation of the nature of society at large and of each particular local COMMUNITY.

Medicine comes from the instinct to help suffering people

Mercy and compassion are the contents of God's dialogue with man, dialogue between people, it should also be present in the dialogue of medical personnel with the patient

Doctors, nurses, midwives should be rich in compassion, they have many opportunities to show it.

Caring for the sick requires professionalism and tenderness, selfless gestures that are immediate and simple (JP II, February 11, 1984).

A human doctor should meet a human patient. Compassion and love will come out to meet suffering. Not only prescribed medications or performed surgery, but also this love will help the sufferer to endure difficult times. But the Samaritan in the Gospel not only offers compassion, he is also ready to act to alleviate suffering. He does not regret his time and material resources.

Holy Father Francis in his Message for the XXIV World Day of the Sick (September 15, 2015) wrote: "Every hospital or clinic can be a visible and place of promoting a culture of meeting and peace, where the experience of illness and suffering, as well as professional and brotherly help, contribute to overcoming all boundaries and divisions".

The obstetricians & gynecologists are in a special situation. Professionally, they deal with medical problems of an intimate nature and high emotional charge They deal with maternity medicine, by its nature aimed at affirming the miracle of life, not its negation, at the protection of the life and health of mothers and children based on natural law.

It is necessary to take care of the ecology of the woman's and mother's womb

They need to convey bad news in a matter-of-fact way with compassion, do not call the unborn child a fetus, and the expectant mother as a future mother.

Christian mercy and compassion are not an uncritical submission or a pity

We will strengthen the sick woman mentally when we present the diagnosis and prognosis clearly, reliably but with love and compassion, when we honestly inform what medical procedure we consider unethical and propose a different one.

Mercy and compassion for ourselves

Medicine is not a morally neutral occupation

Benedict XVI wrote: "Christian love does not mean rubber views giving in to any pressure, but it contains an element of struggle and opposition".

A Catholic doctor's refusal to prescribe contraceptives, perform artificial reproductive techniques or abortion procedures is not a manifestation of the doctor's lack of mercy for the patient, but a manifestation of their interest in patient's and own salvation.

Gynecologist & obstetrician should be a servant of life, not a man to be hired to do any job, a harbinger of death, a judge, and an executioner at the same time.

Each member of the interdisciplinary team should have basic competence in spiritual care

Does defending life require heroism from doctors?

The opponents of the freedom of conscience want its removal from medical practice, demand the selection of candidates for medical studies or specialization training, primarily in obstetrics and gynecology.

We need witnesses among doctors who will demonstratively stand on the side of life, freedom of conscience. Who will be able to convince others, that lawlessness pretending to be law can ultimately be overcome by the voluntary suffering of those who are faithful to their conscience (Szymik).

When we remember how much we have received from God, we will more easily give mercy to our neighbour, we will also be protected from pride, boasting about doing good, and from empty philanthropy.

I experienced the greatness of God's mercy in my life, of its great, cleansing and salutary power. I feel it every day and often publicly thank good God for it.

I hope that my colleagues, who are not yet working in accordance with their faith and conscience, still succumb to the pressure of their superiors, or the liberal media will wake up one day, feel the need to wash in this "morning dew of mercy" and go on a different, better path to God's glory and salvation of their souls, protecting, in accordance with His calling, not only the health of mothers and children, but also and above all the sanctity of their lives.

Thank you





"MOTHERS ARE WOMEN TOO!"

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